

MONTANA MARATHON



RACE BIBLE for MONTANA MARATHON

www.montanamarathon.org

September 17, 2017

The 21st Annual Montana Marathon Race!

The full marathon begins in Molt, MT at the Molt Community Center. Race participants will run through Big Sky Country to the finish line at Pioneer Park in Billings, MT.

PRICING:

Full Marathon Relay	\$100.00 for a team of four
Full Marathon	\$85.00
Half Marathon	\$70.00
10K	\$25.00
Kids' One Mile Fun Run	Free

**price increase on 08/30/2017*

MONTANA MARATHON SCHEDULE SUNDAY, SEPTEMBER 17, 2017

5:00am	Full Marathon Walkers and Early Start
7:00am	Full Marathon and Relay
8:15am	Half Marathon
9:15am	10K
11:00am	Kids' One Mile Fun Run
11:30am	Awards Ceremony

BUS TRANSPORT START TIMES (Senior High School parking lot)

4:00am	Full Marathon Walkers and Early Start
5:30am	Full Marathon Relay
5:30am	Full Marathon
6:30am	Half Marathon
8:00am	10K

RELAY TEAM HAND-OFF LOCATIONS

1. Start of the full-marathon
2. Mile 6 water stop, about 6.2 miles from the full-marathon start
3. Water stop near the half-marathon start, at Shorey Road
4. Water stop near mile 20, corner of 46th St West and Rangeview Dr

BIB PICK-UP

Billings Family YMCA 402 North 32nd Street, Billings, MT 59101

Friday September 15, noon - 6pm

Saturday September 16, 10am - 4 pm

LAST CHANCE BIB PICK-UP

Best Western Plus ClockTower Inn 2511 1st Avenue North, Billings, MT 59101

Saturday September 16, 5pm – 8pm

You may have a friend pick up your bib for you.

****There will be NO BIB PICK-UP ON RACE DAY****

COURSE AND COURSE SAFETY

The course is marked very well, but it is open to traffic. There will be volunteers at most of the intersections and security personal at the busier intersections. Please remain on the right side of the road unless otherwise directed. Because the course is open to traffic, we recommend that all participants wear bright clothing to improve visibility. Music devices and earbuds/earphones are strongly discouraged.

WATER STATIONS

There are 13 water stations for the full marathon. The water stations are at approximately 3, 5, 6, 9, 13.1, 15, 18, 20, 22, 23, 24, and 25 miles. Each water station will have Gatorade, a variety or flavors of Hammer gel, and water. Restrooms are also available before boarding the bus and at the start line of each race.

AWARDS

Awards will be held at 11:30a for the top 3 male and female in each age group in the Full, Half, and 10k. Relay awards will be given to the top finishers of the male, female, and co-ed teams.

FINISHER AREA

All runners will finish near Daylis Stadium. Finishers will then proceed through the finish area, Daylis Stadium, which is limited to race participants only. Spectators, family, and friends can meet up with participants in Pioneer Park.

POST-RACE CELEBRATION

We are congratulating each runner's achievement with a post-race celebration! We will have music, food trucks, and fun games for the entire family in Pioneer Park at the finish line. We encourage everyone to join us in cheering for the Montana Marathon Runners!

FINISHER SHIRT AND RACE MEDALS

All finishers will receive their finisher technical short-sleeve shirt and a medal in Daylis Stadium at the end of the race in the finisher area.

FULL MARATHON PERKS

We are providing all full marathon runners with a complimentary massage, smoothie from Get Juiced, and free professional race photos. Be sure to receive your massage and smoothie coupons at the finish line. The Billings Family YMCA is offering a free weekend pass to the YMCA the weekend of the marathon. When picking up your bib, be sure to pick up your free weekend pass.

HALF MARATHON PERKS

We are providing all half marathon runners with a complimentary smoothie from Get Juiced and free professional race photos.

MONTANA MARATHON PARTICIPANT PERKS

All finishers will receive free professional photos, they will be available online after the race.

"Nice View and Some History Too" Run

The Yellowstone Rim Runners will lead a short group run on top of the Rims at 7 AM on Saturday, September 16th. There is no charge for the run, which is intended for runners new to Billings who would like to learn a little about the area. The pace will be easy, with a number of stops to admire views of Billings and the Yellowstone Valley and to discuss a bit of local history. The run is on the asphalt bike path and will feature a 2 mile out and back leg followed by a 2.6 mile out and back leg. Runners can leave after the first leg if they like. The run will start and finish at the parking area 1.3 miles east of the airport; head up North 27th St., take a right at the roundabout at the top of the hill, continue 1.3 miles, and look for the parking area on the right with a vault toilet and picnic shelter.

JEFF GALLOWAY RUNNING SCHOOL

Saturday Sept. 16, 9:00AM-12:00PM

Jeff Galloway will teach: Running Faster, Training for YOUR Goal, Nutrition, Motivation, Fatburning, Building Endurance and more! Register for the class at jeffgalloway.com Ciao Mambo is providing lunch directly after class and Jeff will be available to answer questions and give helpful running tips.

QUESTIONS

Email klillie@billingsymca.org

To volunteer email miranda.jelison@rocky.edu